Likes (+)        Dislikes (-)

Consider the following when completing your T-chart:

• Try new things; this expands your base of experience
• Track things you like and dislike by writing them down
• Reflect and describe why you feel the way that you do—go further than “because that teacher was awesome!”
• Share your notes with parents, adult friends, and fans
• Brainstorm areas of interest: courses, clubs, careers, projects, internships and volunteer activities
• Try more things and repeat

Visit the OPCD in Reynolda Hall, Room 230,
online at www.opcd.wfu.edu, or by phone at 336.758.5902
Tips to help you get a good start on your four year journey from College to Career

☐ Get comfortable with college life, especially the academic load. Figure out how to become a great student.

☐ Try new things. Then think about how much you like it and what other things you’d like to try. Learn from your experience to figure out if you want to go further in a direction or try another direction.

☐ Register on Deacon Source. The OPCD can then send you information and opportunities tailored to your interests. You can register online at careers.opcd.wfu.edu

☐ Stop by the Office of Personal and Career Development. Meet with a career counselor to get started on the right path for you.

☐ Do something new next summer….or at least for part of the summer. Use this opportunity to learn something new about the world and about yourself. Resist the urge to go back to where you worked in high school-unless you will learn something very new there.

Office of Personal and Career Development

Career and Professional Development
Leadership Development
Mentoring Resource Center
Family Business Center
Center for Innovation, Creativity and Entrepreneurship

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